

Dhaka Aug 21: The thirty-one member preliminary Asian Games Football squad started practicing at the Bangladesh Krira Shikkha Protishtan(BKSP) under the command of the coach Saiful Bari Titu along with his deputies Syed Golam Jilani and Mahbub Hossain Roxy early in the morning today.

The players went through some aerobic endurance drills at the beginning of the one and half hour morning session, which ended with a thirty minute cool down period.

They have worked on technical and tactical skills with the ball, ahead in the afternoon. The players are enjoying the exercise very much as the team is training together after a long time. All of them are in sound health till now.